





CIRQUE IN CHURCHILL SQUARE

Costumed performers from Cirque du soleil's Amaluna paid a visit to Churchill Square in Edmonton Tuesday, roving around, performing Cirque-like acts, interacting with Edmontonians and posing for photos. Amaluna premiered in the city — under Edmonton's first-ever Big Top — May 29, and runs through to June 23. PATRICK NGUYEN/FOR METRO

Monday deaths are homicides: EPS

Not related, not random. Core still safe despite trio of deaths, police tell the public

Two deaths near Jasper Avenue Monday have been deemed homicides, but police are emphasizing they do not believe them to be random and that the downtown area is still safe.

Shane Kyle Bird, an 18-yearold man, was discovered in Oliver at 1 a.m. Monday severely injured from stab wounds. He was transported to hospital, but later pronounced dead. Police believe Bird and another man were involved in an altercation that quickly escalated.

"We've now identified a suspect. We are currently trying to locate that suspect," said Homicide Staff Sgt. Bill Clark, who declined to provide any further details during a media availability Tuesday.

Monday's second homicide victim and the city's 11th of the year was 68-year-old Jose Rodriguez, who was found in his apartment at 8328 Jasper Avenue shortly after 10:30 a.m. Police said that Rodriguez also died as a result of stab wounds.

These deaths come off the heels of another homicide just

last Thursday. Curtis Raymond Dugray, 51, was found deceased in a park, also in the Oliver area. "There's no link between these deaths," said Clark. "These are individuals that are involved in high-risk lifestyles, and sometimes that leads to violent incidents that often end in death." PATRICK NGUYEN/FOR METRO

Ay, chihuahua: Fake B.C. farm hid grow-op

RCMP bust underground operation in Langley that was guarded by dogs

PAGES

Wedding Crashers take Internship

Owen Wilson, Vince Vaughn revert to familiar formula for new buddy comedy, Metro's Richard Crouse says

Get away to Panama

The little country with a big canal is a hot vacation destination with beautiful beaches, a sprawling countryside and a bustling metropolis



02 NEWS metronews.ca Wednesday, June 5, 2013

Change of address

New police station opens in S.W. Edmonton

As of 8 a.m. Wednesday, the new Southwest Division police station will be fully operational and open to the public.

The new station, located at 1351 Windermere Way, replaces the 1976-built station at 9710-51 Ave

"Members of Southwest Division are looking forward to moving to their new station and continuing to deliver high-quality policing services to the citizens of Southwest Edmonton," EPS Supt. Nigel Stevens said in a release.

"This new state-ofthe-art facility will help us meet the needs of our rapidly growing communities of Southwest Edmonton for years to come." METRO

More of the same

Seasonal temperatures, precipitation expected this summer

After a long winter and slow spring, summer is upon Edmonton.

And the season will be "near seasonal or even slightly above seasonal" for both temperature and precipitation, according to Weather Network meteorologist Elena Lappo.

"The seasonal temperature average in June, July and August would be 21.5 C for the maximum and 8.5 C for the minimum for the City of Edmonton," Lappo said Tuesday. "And in terms of precipitation ... about 250 millimetres of rain is the average."

Last summer, Edmonton recorded 222 mm of rain, said Lappo. METRO



This new parking meter has yet to go into service, but it is expected to allow motorists to pay with their cellphones, credit cards or debit cards. RYAN TUMILITY/METRO

Businesses excited for electronic parking meters downtown

Pilot project. Calgary program to be used on Edmonton streets



RYAN TUMILTY

Businesses in downtown Edmonton can't wait for new electronic parking meters that have hit city streets for an upcoming pilot project.

The Park Plus meters are imports from Calgary, where they have been in use since 2007.

The meters in Calgary allow people to pay by debit and credit cards instead of change,

and after people set up an account they can also use their cellphones to add time or get warnings if their time is about to expire.

Jim Taylor with the Downtown Business Association said he has high hopes the new technology will help address a long-standing problem in downtown Edmonton.

"In the 18 years that I have been around the Downtown Business Association, parking has always, always been an issue," he said.

Taylor said electronic meters are something the city has long needed.

"Any major city in Canada is certainly way ahead of us in

Parking change

- In Calgary, the Park Plus program has 44,000 cellphone accounts and there are 1,142 parking zones.
- The system allows drivers to refund time they don't use and, according to the Calgary Parking Authority, 77 per cent of users called for a refund in 2011, receiving a total of \$3.5

terms of technology."

He said in addition to freeing people from concerns about having the right change, the meters could allow more cars to park in an area because it won't be tied to a set number of meters.

Jeff Van Den Biggelaar, owner of the DeDutch restaurant on Jasper Avenue, said the change would be great for his business.

"I think it would be awesome," he said, adding he would prefer if his customers could sit and enjoy their meal and not have to worry about filling a meter.

The city has an official launch event planned for later this week and declined to comment on the meters or the pilot program until that time.

Province to open 24 new primary-care clinics

Alberta says it will roll out 24 new family care clinics starting this fall to help relieve pressure on overcrowded emergency wards.

"This is a new way of doing things, and I think that's pretty exciting," Premier Alison Redford announced Tuesday at an inner-city health centre. "This is something

that is entirely different than what we're seeing anywhere else in the country."

Health Minister Fred Horne said the clinics will be one-stop locations for precautionary care. Patients will be able to see a pharmacist, a dietitian, a nurse and a doctor all in one visit.

Horne said one of three pi-

lot family care clinics in Slave Lake, north of Edmonton, resulted in a 20 per cent drop in emergency-room visits.

"It will guide our evolving system to be an even more effective front door to health care for Albertans," said Horne, who was with Redford at the announcement.

The province has set aside

\$50 million this year for the project, which was an election-campaign commitment made by Redford. The final goal is 140 clinics.

Liberal Leader Raj Sherman said the family-clinic model is effective, but not if Redford's government takes resources from other areas of health care

"My concern is: are they cannibalizing the other end of the health system to pay for it?" Sherman asked.

"We need a massive investment in primary care, but not at the cost of severely underfunding home care, cutting palliative care in Calgary and closing transition units."

THE CANADIAN PRESS

We're bad news for bears: Eco-group

Backcountry. Humans caused 14 grizzly deaths last year, say environmentalists

An environmental group is raising the alarm over the deaths of 15 grizzly bears in Alberta last year, saying too much human access to the backcountry is

further threatening the already threatened iconic species.

Sean Nichols, a conservation specialist with the Alberta
Wilderness Association, said all
but one of the deaths can be attributed to human interaction
— bears struck by vehicles on
highways, shot in self-defence
or killed illegally. Although 15
doesn't sound like a huge number, Nichols said the deaths
have been adding up. The cur-

rent grizzly population is estimated at about 700.

"This is far, far too many," Nichols said. "When you look at the last 10 years it's 195, and when you take almost 200 out of that 700, you're looking at more than a quarter of the bears in the province."

The Alberta government suspended the grizzly hunt in 2006 over fears of dwindling numbers and declared grizzlies a threatened species in 2010. Nikki Booth, an official

Nikki Booth, an official with Alberta Environment and Sustainable Resource Development, said the deaths are regrettable but should be put into perspective. "The human-caused grizzly bear mortalities in 2012 were actually the lowest we've seen since 2007, and overall the mortality rates appear to be stable."

THE CANADIAN PRESS



Interceptor. Ford recall affects 25 EPS cars



A recall affecting almost 500,000 Ford vehicles will also mean a trip to the shop for 25 Edmonton Police Service rides.

The recall, issued Monday, affects the 2013 Ford Flex, Fusion, Taurus and Explorer models. The vehicles have a problem that can cause fuel leaks and potential fires, though no fires have been reported.

Modified versions of the Taurus and Explorer are sold to police agencies as the Ford Interceptor, which Edmonton police are currently testing as a possible replacement car.

"We have about 25 of those vehicles in the fleet and we are going to be dealing with that in the way that recalls are dealt with," police spokesperson Leila Daoud said Tuesday.

Daoud said that would mean taking the vehicles off the road in batches to be repaired at the dealership.

In the meantime, the force has a team of mechanics, and the problem that prompted the recall hasn't cropped up so far, said Daoud.

She added that the vehicles won't be pulled from service in the interim and it won't affect patrols

"We will need to take time out to bring these vehicles into the dealership, but it won't affect policing." RYAN TUMILTY/METRO

CineCoup Final 5

Semi-truck cab catches fire

Highway 825

A fire that seemingly started in the engine of a semi truck driving on Highway 825 just north of Highway 37 engulfed and destroyed the cab of the truck Tuesday.

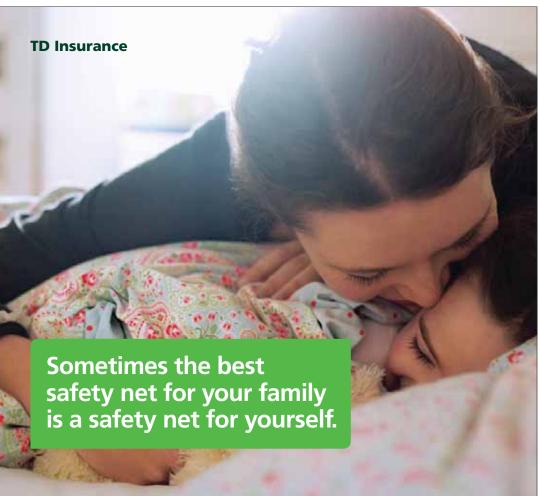
RCMP said around 8 a.m. the driver noticed smoke coming from the engine and pulled over, and another motorist — an off-duty firefighter — noticed flames. A perimeter was set up until emergency personnel arrived because the trailers had previously contained fuel. No one was injured. METRO

Edmonton film

An Edmonton filmmaking trio is among the final five teams for CineCoup's Film Accelerator.

The Final 5, revealed Monday night, will pitch their projects at the Banff World Media Festival next Monday, after which the winner will be announced, receiving up to \$1 million in financing and a guaranteed release in Cineplex theatres in 2014.

Akash Sherman, Timothy Choy and Zachary Vydra's Uprising is a revolution story set across a postnuclear landscape. METRO



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metronews.ca Wednesday, June 5, 2013 metr⊕ **NEWS**

On the right track

Roberta Cowell

writes. PHOTO: HANDOUT

Race car driver, former Second World War pilot and father of two, Roberta Cowell, now 95, was born Robert Marshall Cowell.

Growing up with signs of hermaphrod ism, Robert had feminine qualities such as wide hips, narrow shoulders and undeveloped but apparent breasts. "I had

always known that my body had certain feminine characteristics," she wrote in an autobiography titled Roberta Cowell's Story (British Book Centre, Inc.) published in 1954. Robert gained notoriety as the first known British trans-

sexual woman to have sex reassignment surgery. Roberta was Robert until the age of 33 and then the transformation began. We might be lucky to think that present-day society is accepting of all sexual identities. This hasn't always been so: "People are apt to hate as well as fear the unfamiliar," Cowell

Game changer

Justin Fashanu

The world's first professional soccer player to publicly come out as gay, Justin Fashanu's story turned tragic in 1998 when he committed suicide.

You have to understand that footballers are very narrowminded people," the former Norwich City forward said in one interview. "It's the nature of the business. When you put yourself in the firing line, you are open to attack. I know I'm there to be shot down in flames.'

At the time of his death in May 1998, he was charged with sexual assault and the accuser was a 17-yearold boy from Maryland, U.S. In a suicide note, Fashanu said the sexual relations were consensual, and believed he wouldn't get a fair trial because of his homosexuality. Fashanu was found hanged in a garage in London, England. He was 37 years old.

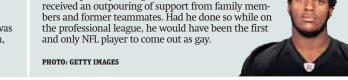
PHOTO: ALLSPORT UK /ALLSPORT

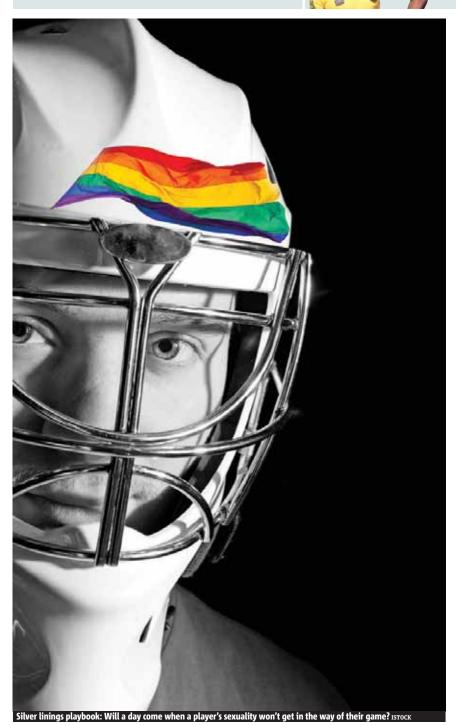
Tackling the tough issues

Kwame Harris

Jamaican-born former NFL player Kwame Harris, 31, was publicly outed in January following a highly publicized fight and legal battle with his ex-boyfriend Dimitri Geier. The former offensive lineman played for the San Francisco 49ers and the Oakland Raiders for six seasons. Harris described his conflict over whether or not to come out while he was in the league as "turmoil" and "despair" and regretted his decision to keep his sexuality private during his time in the NFL. "I didn't see those two things as being compatible, but now when I look back in hindsight, I could have done it differently," Harris said in a CNN interview.

After publicly stating his sexual orientation, Harris received an outpouring of support from family mem-





When basketball player Jason Collins came out early this year, he renewed the debate about whether openly gay players are welcome in the arena of professional sports. While others came before him — like David Kopay, Martina Navratilova, Ian Roberts, Mark Tewksbury, Gareth Thomas and Robbie Rogers — will locker rooms be the last closet?

A level playing field?

Team Tolerance. Metro brought together a diverse group of athletes for a round table discussion on sports and sexuality

JENNIFER MELO

More than 45 years after Pierre Elliott Trudeau declared the state had no business in the bedrooms of the nation, 21 years after Canada allowed gays and lesbians to serve openly in our military, and more than a decade since same-sex marriage has been legal across the country, Canadians may think we'd finally be able to stamp "paid" to the gay/lesbian/queer rights debate

Sadly, we have yet to smash a significant barrier — the right for Canada's LGBT community to play community-league sports without the fear of literal and metaphorical locker room lockouts.

Dave Doucette, 41, played hockey until he was 16. He vividly remembers hearing gay slurs, disparaging remarks about women and talk that made him feel like an outcast. "F—ing faggots' and similar comments came out in the





dressing room and you're like, 'Oh God. I think I'm one of those.

Add the usual team pack mentality, where aggression and adrenaline are considered performance enhancing 'drugs" and it's easy to see how homophobia can run rampant.

Eric Demarbre, 34, admits he was one of the bullies, picking on others when he played

high school hockey. Even though he knew he was gay, he "didn't show it," alluding to stereotypical gay male behaviours. While Demarbre victimized others, he too suffered. "I never felt any feeling worse in my life than that. Like go-homeand-cry bad," he explained. "You're pretending to be one of them, and you're debasing yourself in that process just so you can fit in."

The women in our group tell me the experience is different in women's sports. Their sexuality didn't keep them from playing the sports they

But they didn't get off scotfree either. "My team and I went to Montreal for a tournament and we stayed overnight," remembers Ana Oliveira, a 34-year-old soccer player from Brampton, Ont. "A couple of the girls said they didn't want metronews.ca Wednesday, June 5, 2013

Putting bigotry on ice

Angela James

Toronto-born Angela James, 48, is one of the first two women inducted into the international Hockey Hall of Fame, a seventime gold medal winner, a top performer for Team Canada and "the Wayne Gretzky of women's hockey." She's also a lesbian, a wife and a mother.

James was inducted into Canada's Sports Hall of Fame in 2009, an occasion where she publicly acknowledged the roles of her partner, Ange, in her life and their three children. In an interview with Xtra!, James explained the significance of the event. "Until then, no openly gay athlete had ever been inducted into one of the major North American sports halls of fame. In fact, no current or former NHL player has ever come out." Today, James and her partner have three children. PHOTO: GETTY IMAGES



Alan Gendreau

Could he be the NFL's first openly gay player? He'll have to get drafted first, but Alan Gendreau, 23, is the first publicly gay athlete to enter the NFL draft.

Out since he was 16, Gendreau had supportive teammates both during his high school football years in Apopka, Fla., and in his college football years at Middle Tennessee State. But not everyone was accepting of his sexual orientation. Gendreau was asked to leave when he brought a boyfriend to a church event. "It was like my family telling me I wasn't allowed to come home," the devout Christian said in an interview with Outsports, a website that serves the community of gay athletes in sports. "I'm a kicker that happens to be gay," Gendreau said in an interview with the New York Times. "It's a part of who I am, and not everything I am. I just want to be known as a normal kicker."



Orlando Cruz

Ranked #4 featherweight by the World Boxing Organization, Orlando Cruz, 31, became the first active professional boxer to publicly come out on Oct. 4, 2012, declaring in a statement, "I have always been and always will be a proud gay man."

In an interview with The Associated Press, the former Olympic athlete for team Puerto Rico said, "I developed physically and mentally to take such a big step in my life and in my profession ... knowing that it would have pros and cons, highs and lows, in this sport that is so macho. I kept this hidden for many, many years."

Supported by family, his trainer and his manager, Cruz is a role model for kids and his message is one of empowerment: Who you are and who you love should not impede your life's achievements.

PHOTO: GETTY IMAGES



to stay with me in the room because they didn't want me to touch them inappropriately. I said, 'Don't flatter yourself. You're not my type."

Oliveira, who was supported by friends, family, coaches and teachers since she came out as a lesbian at the age of 17, said the experience was unexpected. "I was surprised at the comment, but I didn't let it get to me," she said. "They're ignorant and it was my job to just stop it there." On the field, the incident was forgotten. "We played. We were focused. We just wanted to play," Oliveira said.

Receiving an unwanted sexual advance in the locker room is perhaps the greatest unspoken fear in mixed (gay and heterosexual) teams. "I'm pretty sure it's the only thing that anyone's really worried about," Demarbre said.

But straight guys should stop worrying, says Doucette. "I play on an all-gay hockey team," he says. "We're in the showers with a bunch of gay guys and nothing's happening so."

Only one of our group came out while playing on a mixed (queer and straight) sports team. What would it have taken for the others to do so? "A miracle!" says Doucette. "Because of everything that's being said in that room, there was no way I was going to ostracize myself."

Change is happening, though. There is support for the LGBT community with organizations like Outsport Toronto and programs like the You Can Play Project, encouraging LGBT





athletes to keep competing. And if teachers, coaches, family and friends of the LGBT community work together, maybe there will come a time when an NBA player's public declaration of homosexuality won't be a big deal.

But according to this group, that time is not now.

"I'd like to believe that no one's going to care if every gay athlete came out, but that's

Who's it gonna be?

"I actually think it's going to be a grassroots kid who changes the professional sports world. It's gonna be some kid who's just amazing at his sport and it'll be like, 'Oh, he's gay.' And then nobody's gonna be able to say anything about it."

Eric Demarbre

On whether or not professional athletes will change the future for players on grassroots levels

not necessarily the case," says J.D. Muir, 29, who's played on men's hockey, rugby and football teams. Muir talks about how we define sports as a culture. "They're aggressive. They're war games," he explains. And the language used in sports, he says, includes homophobic slurs and pressure to be strong, powerful and nonsubmissive.

Strong role models can help. "You hear about kids being bullied and beat up and ostracized, so to have someone to look up to is really important," says Lela Kouyoumdjian, 38, who plays for the Toronto Soccer Association and Pink Turf soccer league.

Today, Jason Collins is the only major league athlete to come out while still in the game. "I think there's a lot of paving still to be done," Kouyoumdjian says. "When someone like Collins comes out, it's very courageous; it's very brave. And we need more people to do that."

We can all make a difference, however, and we can start by choosing our words with care. "It's words like lame and retarded and gay," says Doucette. We can work on "eradicating these words that people fluff off and don't consider as damaging — except by the people they're being thrown at."

'I never in my life felt bad for being gay'

Don't hate, just skate.

She's an accomplished and respected hockey player, a two-time Olympic gold medallist, and, she's a lesbian. Find out what makes Sarah Vaillancourt a role model for women both in and outside of the LGBT community.

JENNIFER MELO

Metro Canada

The 28-year-old retired from Canada's national women's hockey team a month ago, after undergoing years of hip and hernia surgeries from sport-related injuries. Today, Sarah Vaillancourt, from Sherbrooke, Que., continues to follow her heart, coaching teen athletes, pursuing a master's degree with a goal to becoming an ESL teacher and building a house with her girlfriend.

In this exclusive interview, Vaillancourt shares her thoughts on living proud.

What do you think of NBA player Jason Collins' decision to come out publicly?

It's really brave and if more athletes had the courage to do it, it would become something so normal that we wouldn't even have to say it out loud.

Why do you think so few pro athletes come out?

A lot of athletes are afraid to be seen differently. And they want to be known more for their athletic performances than their sexual orientation.



Sarah Vaillancourt, Tessa Bonhomme and Rebecca Johnston of Canada celebrate with their gold medals following their team's 2-0 victory against team USA at the Vancouver 2010 Winter Olympics. BRUCE BENNETT / GETTY IMAGE

Sending out a message

As we celebrate Pride Week 2013, what's one message you'd like to share with the LGBT community?

 "Be proud of who you are as a person — your values, your sexual orientation, your beliefs, everything — just be proud of who you are and follow your heart."

Do you think sponsorship and endorsement opportunities would increase or decrease after coming out?

Unfortunately, I think they'd decrease. But I strongly hope and wish that at some point, it doesn't matter ... you get sponsorships for the person and the athlete that you are, regardless of your sexual orientation.

What was behind your decision to come out publicly?

To help people suffer less and give them strength.

When I was at Harvard University someone committed suicide, another person tried to, and I later heard that they were homosexuals. Something like that rings a bell in your head. If I can help people come out and be who they want to be — and be who they are — if I can save one or two lives, that goes a long way.

Have you ever experienced homophobia?

No, never. I've been really lucky. I don't think I allow people to be homophobes around me either, so...

How do you do that?

Stand up for yourself. Be proud of who you are. And know that you're not alone.

Did you have any lesbian role models in sports?

Not in sports, but in my family. Two uncles and one aunt are gay. Even in that generation, they always brought their significant others with them to Christmas parties. Ever since I was born they had the same partners and still do today ... my aunt is almost 70. They're not athletes, but they're amazing role models for me and for my family. My grandpa and grandma were really ahead of their time. I give them a lot of credit. It had a really positive impact on me too. I never in my life felt bad for being gay.

metr⊕

Edmonton Pride festival set to Stand Proud

LGBTQ. Parade has changed from a protest to a celebration over the last 30 years, says event spokesperson

KRISTA SYLVESTER

Proud.

After "standing up" and "standing out" it's now time for Edmonton's gay and lesbian community to Stand

The Stand Proud theme is the final theme of a threeyear plan that saw the LGBTQ (lesbian, gay, bisexual, trans-

identified and queer) community first Stand Up and Stand Out during the past two festivals, according to Edmonton Pride Festival spokesperson Terry Harris.

"It's really the idea about encouraging people to stand up and support each other and recognize the work that has been done over the years to advance equal rights," Harris says. "This year we wanted to stand proud and really look back at the history and recognize what has been accomplished."

And a lot has changed, according to Harris, who says the parade itself has become less of a march for rights and more of a celebration.

Edmonton's Pride Festival kicks off on Friday June 7th until Sunday June 16th with the parade taking place on Saturday June 8. For more information please visit edmontonpride.ca.

"Back in the early '80s it was more of a pride rally or a protest to march for equal rights, but now it's become a truly celebratory parade with pride for what we have achieved over the last 30 years. And the community has a lot to be proud of."

The Edmonton Pride Festival has 36 events spanning the 10-day-festival with a variety of options to celebrate the diversity of the community. Harris says there are many different family and youthoriented activities in addition to the dances and the parade festivities this year.

"It's a time to celebrate and that's really what the festival is about," Harris says. "It's about having the opportunity to celebrate the divers-



The float from Team Edmonton, the city's LGBTQ sports and recreation group, shown from last year's pride parade. DMONTON PRIDE FESTIVAL

ity of community and recognizing all of the hard work that's been done. We really encourage the community to just come out and enjoy and we think we have something for everyone."

With between 25,000 to 30,000 attendees at last year's festival - which was a record attendance according to officials - this year is shap-

ing up to be another wellattended festival with thousands of celebrators.

"Edmonton hosts one of the largest pride festivals in Canada," Harris adds.





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metr⊕ **NEWS**

Marijuana in the U.S.

Possession arrests higher for blacks despite equal use

Black people are arrested for possessing marijuana at a higher rate than white people, even though marijuana use by both races is about the same, the American Civil Liberties Union reports in a new study.

The analysis of federal crime data, released Tuesday, found marijuana arrest rates for blacks were 3.73 times greater than those for whites nationally in 2010. In some counties, the arrest rate was 10 to 30 times

The report comes as Colorado and Washington just legalized adult possession of small amounts of marijuana.

THE ASSOCIATED PRESS

El Salvador

Woman denied an abortion recovering after baby's death

An ill Salvadoran woman who delivered a baby through a cesarean section after being denied a medical abortion is recovering well and has had her tubes tied as she requested, doctors said Tuesday.

The 22-year-old's bid to end what her lawyers said was a life-threatening pregnancy drew international attention.

Her baby girl was born without a brain and died five hours after the woman had a C-section

The woman, known only as Beatriz, underwent the operation after 27 weeks of pregnancy.

THE ASSOCIATED PRESS

Auditor general

Senate proposes expense review

The Harper government is hoping to restore public confidence in the Senate by putting the scandal-plagued chamber's books under the auditor general's micro-

scope. Sen. Marjory LeBreton, the government leader in the Senate, introduced

a motion Tuesday asking auditor general Michael Ferguson to conduct a comprehensive audit of Senate expenses, including the expense claims filed by individual senators.

The NDP put forward another motion calling for funding to the Senate to be cut off as of July 1 — what NDP Leader Tom Mulcair referred to as a Canada Day

THE CANADIAN PRESS

Cops bust underground pot crop

B.C. grow-op. Disguised bunker containing 430 plants, industrial generator linked to Hells Angels, police say



EMILY JACKSON

A sophisticated underground marijuana grow-op disguised as a Langley hobby farm — complete with three sheep, a pig and guarded by about a dozen pit bulls and Chihuahuas was busted by police over the weekend.

RCMP needed a crane to excavate five steel shipping containers connected with a continuous underground pathway at the property in the 27000 block of 56th Avenue, according to a news release from B.C.'s Combined Forces Special Enforcement Unit.

Three men and one woman were arrested when investigators found 430 plants at the site, though they were later released pending further investigation. The dogs are being cared for by one of their family members.

Officers were "shocked" that the operators cut into a

Industrious crime

"The lengths that the people constructing these types of grow-ops will go to are alarming."

CFSEU-BC spokesman Sgt. Lindsey Houghton, in a statement

nearby natural-gas pipeline to power the elaborate bunker system with an industrial-sized natural-gas generator worth about \$100,000.

"This had the potential to be extremely dangerous to the public and emergency responders," CFSEU-BC spokesman Sgt. Lindsey Houghton said in a statement.

Police believe the grow-op, described as a "complex operation that required a great deal of planning and equipment," including cranes and flatbed trucks, was running for at least a couple of years.

This is the second underground grow-op the CFSEU-BC has dismantled in the past two months. While police don't believe the Langley operation is connected to the Mission, B.C., operations disguised as horse paddocks they busted last month, they think both are linked to the Hells Angels.



Colorado judge accepts Holmes' insanity plea

Sheriff's deputies search people before they enter district court for a hearing for Aurora theatre-shooting suspect James Holmes, inset, in Centennial, Colo., on Tuesday. A judge accepted James Holmes' longawaited plea of not guilty by reason of insanity Tuesday and ordered him to undergo a mental evaluation — an examination that could be a decisive factor in whether he is convicted and sentenced to die. The judge also granted prosecutors access to a hotly contested notebook that Holmes sent to a psychiatrist shortly before the July 20 rampage, which left 12 people dead and 70 injured in a bloody, bullet-riddled movie theatre in suburban Denver. BRENNAN LINSLEY/THE ASSOCIATED PRESS

Erectile-dysfunction pills. Alleged love-drug pushers looking at hard time Proposed ban. Rapists in India 'provoked by mannequins': Official

People who allegedly traf-ficked industrial quantities of illegal erectile-dysfunction pills into Canada are facing the prospect of jail time.

Two men are accused of bringing in hundreds of thousands of contraband pills made in China and selling them across Canada.

The Canada Border Services Agency says the illegal products were intended for sale on the Internet and in sex shops in different provinces.

Dozens of charges are being laid against Alain Elmaleh and Alain Richer, and against 12 businesses Elmaleh owns in five provinces: British Columbia, Ontario, Quebec, New Brunswick and Nova Scotia.

The border-services agency announced Tuesday it is laying 37 charges against the two Montreal men under the Customs Act, the Food and Drugs

Police allegedly found 120,000 erectiledysfunction pills and capsules at the head offices of Elmaleh's businesses.

Act and the Criminal Code. The most serious of the

charges against the men, selling contraband, carries a maximum \$500,000 penalty and up to five years in prison.

Authorities say the investigation was launched in 2011 when agents found 130,000 oral strips at Montreal's Trudeau airport. Then, a year later, it says it also found 120,000 pills and capsules, and packaging materials, at the head offices of Elmaleh's businesses.

THE CANADIAN PRESS

Mannequins displaying lingerie and other skimpy clothing may soon be banned in India's cosmopolitan city of Mumbai as an anti-rape measure.

The municipal council overwhelmingly passed a resolution last month barring stores from putting scantily clad mannequins outside their shops. The municipal commissioner has yet to give the required approval of the resolution.

City council member Ritu Tawde said she proposed the mannequin ban because such displays degrade women and could provoke men to attack them.

Indians have increasingly demanded stronger protections for women since the gang rape and killing of a student on a bus in the capital of New Delhi in December.

'Such people get provoked by mannequins. After all, a

Tourist gang-raped

An American woman was gang-raped Tuesday in the northern Indian resort town of Manali, police said.

The 30-year-old woman was picked up early Tuesday morning by men in a truck as she was hitchhiking back to her guest house after visiting a friend, police officer Sher Singh said.

mannequin is a replica of a woman's body. That's why I oppose it, because mannequins do not suit Indian culture," Tawde said. However, shop owners will still be able to display mannequins how they want inside their stores, she said.

THE ASSOCIATED PRESS

metronews.ca Wednesday, June 5, 2013



Tiananmen remembered in Hong Kong

Vigil. Meanwhile, resentment of mainland China is rising

Every year, Hong Kong residents gather in droves for the annual vigil to commemorate the Tiananmen democracy protests. More than marking the brutal crackdown in Beijing 24 years ago, the event increasingly symbolizes disaffection with rule by China.

Tens of thousands of people gathered Tuesday evening at a large park in the former British colony. They turned the park into a sea of flickering light as they held candles to remember those killed when their protests in central Beijing were crushed by the Chinese military on June 4, 1989.

Quoted

"If you don't hold this event then the memory will quickly be forgotten."

Alex Lai, a 26-year-old accountant who has been attending the vigil for 10 years

Commemorations of the crackdown are suppressed everywhere else in China.

The vigil was cut short by a brief but heavy tropical downpour. But many remained, huddling with their candles under unbrellas. Organizers estimated a crowd of 150,000 while police put the number at 54,000.

Organizers called for Beijing to reverse its verdict on the protests, which Communist Party leaders have condemned as a counterrevolutionary riot.

THE ASSOCIATED PRESS

Harassment. Mountie tries to launch class-action suit against RCMP

Lawyers for a female RCMP officer were in court Tuesday to try to sue the force on behalf of Mounties who say they've been harassed on the job.

The long process by officer Janet Merlo to have the lawsuit declared a class-action case and ultimately heard by a judge began last year.

Merlo alleges she and fellow female members across Canada were subject to discrimination, bullying and harassment and that the RCMP failed to ensure they could work in a safe environment.

None of the allegations have been proven in court.

The RCMP has issued denials in several lawsuits against the force and its officers. But an internal report released last year suggests gender-based harassment was common among the officers who participated in a study about their experiences. THE CANADIAN PRESS

Large majority

Britain's House of Lords backs samesex marriage bill

Britain's House of Lords has voted by a majority to defeat a motion that blocks a same-sex marriage bill, moving the initiative a step closer to becoming law.

The upper house of Parliament on Tuesday voted 390 to 148 to back the bill, which

will enable gay couples to get married in both civil and religious ceremonies in England and Wales if approved.

Religious organizations will be able to "opt in" if they consent to offer gay weddings. The law would allow couples in a civil partnership to convert their relationship to a marriage.

The bill will have to go through further readings in Parliament and be approved by Queen Elizabeth II.

THE ASSOCIATED PRESS

Melee in Miami

Woman claims sex workers beat her

A vacation at a swanky Miami hotel turned into a nightmare for a U.S. woman when she was beaten up by prostitutes who mistook her as competition, the woman and her husband claim in a lawsuit.

Anna Burgese, 34, asserts that women she believes were prostitutes attacked her in the lobby of the W Hotel in Miami Beach in January as she and her husband were returning from a night out. She says she was grabbed from behind and slammed into a wall, then thrown to the ground. She was taken to a hospital for her injuries, her attorney said.

She also claims staff helped the attackers escape by putting them in a cab. The hotel was aware of previous episodes and failed to take precautions, according to the suit. THE ASSOCIATED PRESS



HOMES FROM THE \$290'S

Landmark Legacy Homes Brookfield Homes Homes by Avi Jayman MasterBUIL
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Daytona Homes

Brookfield ResidentialThe Best Places to Call Home

metronews.ca Wednesday, June 5, 2013 metr⊕

Turkey softens tone over protests

Fatality. 22-year-old man died during anti-government protest in Antakya city near border with Syria

Turkey's deputy prime minister offered an apology Tuesday for the government's violent crackdown on an environmental protest, a calculated bid to ease days of anti-government rallies in the country's major cities.

The message was a bit mixed, however, as hundreds of riot police deployed with water cannons around the prime minister's office in the capital of Ankara.

Bulent Arinc, who is standing in for the prime minister while he is out of the country, said the crackdown was "wrong and unjust."

Yet the impact of his statement was unclear. Prime Minister Recep Tayyip Erdogan,



A protester sleeps in Istanbul's Taksim Square on Tuesday. Turkey's protests initially began over the fate of Taksim Gezi Park, one of the last significant green spaces in the centre of the city. uriel Sinal/GETTY IMAGES

who is visiting Morocco, Algeria and Tunisia, has undermined previous statements by his ministers and has dismissed the protesters as a fringe minority stirred up by the opposition.

Tens of thousands of mostly secular-minded Turks have joined anti-government

rallies since Friday, when police launched a pre-dawn raid against a peaceful sit-in protesting plans to uproot trees in Istanbul's main Taksim Square. Since then, the demonstrations have spiraled into Turkey's biggest anti-government disturbances in years.

THE ASSOCIATED PRESS

State wiretaps

UN expert wants tighter scrutiny

The United Nations's investigator on freedom of expression called Tuesday for closer scrutiny of government wiretapping efforts around the world.

Frank La Rue said states should publish data on the kind of phone and Internet surveillance they conduct, and the subject of them should have the right to be notified afterward. Individuals should also have the right to use encryption technology. THE ASSOCIATED PRESS

Big squanderers

Americans waste 1/3 of their food

Americans throw away more than a third of the food they buy - almost \$400 US a year per person.

The Agriculture Department said it will work to make it easier for companies to donate misbranded meat, test out a composting program, and increase donations of food that may get discarded. THE ASSOCIATED PRESS

Internal emails

U.S. missile crews have low morale?

Nuclear missile officers with the U.S. Air Force's 91st Missile Wing in North Dakota are complaining of morale-sapping pressures, according to internal emails. Key themes include working under "poor leadership" and being stuck in "deadend careers" in nuclear weapons.

THE ASSOCIATED PRESS

VIA Rail

Union preparing to go on strike

The Canadian Auto Workers union and VIA Rail are conducting marathon negotiations to avoid a strike deadline set for next week.

The union, which represents 2,000 customer service, on-board service and maintenance workers, and VIA have set a deadline of June 14, 12:01 a.m. Contract talks have been ongoing since October. Union members voted 94 per cent in favour of a strike. The CANADIAN PRESS



Queen's crowning moment

Catherine, Duchess of Cambridge, chats with Prince Harry as Britain's Royal Family gathered at Westminster Abbey in London, Tuesday, for a ceremony of pomp and prayer to mark the 60th anniversary of the coronation of Queen Elizabeth II.

ANTHONY DEVLIN/WPA POOL/GETTY IMAGES

Pawsitive move. Furry refugees from Lebanon to call Canada home

A local non-profit is helping dogs from an overcrowded shelter in Beirut find welcoming families in Windsor.

For the Love of Paws, in partnership with Hopeful Hearts Dog Rescue in Ottawa and Beirut for the Ethical Treatment of Animals (BETA), is set to receive eight dogs from the Lebanese capital. "In our organization, we always felt that if there was a need somewhere, we would lend a hand," said John Dunn, a For the Love of Paws volunteer.

According to Dunn, the "unstable situation" in Lebanon takes its toll on animals as well as humans. Pets are abandoned as families move or are displaced, and many animals in BETA shelters have been victims of abuse.

"This is officially the worst period the animals have witnessed in the history of this organization," reads a December post on BETA's website. "As sad as it is, we see animals shot, burnt, dragged by cars and abused on daily basis ... but we have never seen so many animals being abandoned in so little time.

The influx of abandoned animals has taxed BETA's shel-



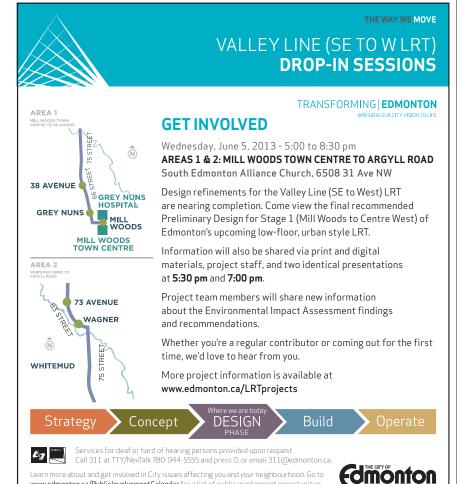
ters, Dunn said.

"They're in a shelter that at any given time has 350 dogs. They deserve a chance to have a family and not just a few people who feed and take care of them," he said.

The dogs will be flown from Lebanon to Montreal on June 15, before being taken to Ottawa and picked up by volunteers the following day. Four of the eight dogs will be taken to Windsor, and after a brief stay in foster homes, they will be put up for adoption.

For more information, fortheloveofpawsani malrescue.com.

LUKE SIMCOE/METRO



Learn more about and get involved in City issues affecting you and your neighbourhood. Go to

www.edmonton.ca/PublicInvolvementCalendar for a list of public involvement opportunities

Canadians slow pace of debt accumulation

Personal finance. Data shows largest quarterly drop in non-mortgage debt since 2004

New data on consumer credit suggests Canadians are becoming more cautious about making purchases that involve taking on debt.

The analysis by TransUnion Market Trends shows average consumer debt in Canada, excluding mortgages, fell by two per cent to \$26,935 in the first three months of 2013 from the fourth quarter in 2012.

While total debt is still 3.5 per cent higher from a year ago, it was the first quarterly drop since the third quarter of 2011 and the largest since the firm began collecting the data in 2004.

TransUnion vice president Thomas Higgins says while

The average Canadian pays about \$1,398 in interest each year on their lines of credit, says TransUnion vice-president Thomas Higgins — but that would rise by \$350 if rates rose by one percentage point, and by \$699 if rates rose two points.

the fall-off was significant, it is still too early to declare a trend. He notes that the 2011 decline was quickly followed by rapid increases in 2012.

The Bank of Canada has welcomed the general trend to more frugal finances among households, particularly in mortgages, which make up for the vast majority of debt held by Canadians.

The bank continues to warn, however, that Canadians could be caught out once interest rates start rising.

With interest rates at rockbottom levels, TransUnion says



On consumer debt which includes credit card debt, lines

in the first quarter of 2013 compared with the fourth quarter of 2012.

instalment and car loans - all provinces except British Columbia posted a quarter-quarter decline in the first three months of 2013. In B.C., credit rose 3.7 per cent.

THE CANADIAN PRESS

r debt, excluding mortgages, fell by two per cent

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Edmonton

Exporter has hay day finding profits in B.C.'s excess crops

China's booming agricultural industry is literally proving to be rich fodder for farmers in Vanderhoof, B.C.

Judd Entrepreneur moved from China last spring to launch Top Hay Agri Industries, specializing in compressing hay bales to a fraction of their original size, for shipment to China's voracious agricultural markets.

Wu chose Vanderhoof, which is in central B.C., because it has the acreage and climate to produce lots of hay, as well as convenient transportation links to port in Prince Rupert.

His first shipment was trucked out last week and Wu hopes to eventually increase daily production to 150 metric tonnes, feeding China's estimated annual demand of 100 million tonnes.



Nechako-Lakes MLA John Rustad says Vanderhoof has the potential to grow much more hay than the region can con-

He says shipping the excess overseas prevents low prices caused by a glut on local markets, offers a much-needed economic boost for the Nechako Valley, and strengthens Canada's bond with Chinese and other overseas markets.

THE CANADIAN PRESS

In-store entertainment **Mood Media signs**

deal with Universal

Toronto-based Mood Media Corp. has announced a five-year deal to collaborate with Universal Music Group. Mood Media uses audio, visual and other sensory services that appeal to customers at hundreds of businesses such as clothing stores and restaurants.

Mood Media's chairman and chief executive, Lorne Abony, says the company will use Universal's catalogue to create promotions and new music services that will "captivate" consumers at the point of sale.

Mood Media says its platforms reach over 150 million consumers each day through 570,000 subscriber locations in over 40 countries throughout North America, Europe, Asia and Australia. THE CANADIAN PRESS

Consumer safety

Feds introduce stiff fines for firms that don't obey recalls

The federal government is going to impose fines of up to \$25,000 a day on companies that don't remove unsafe consumer products from their shelves.

Health Minister Leona Aglukkaq announced Tuesday that a company that ignores government orders and deadlines to withdraw unsafe goods will be handed a stiff fine.

Non-profits will face daily penalties of about \$5,000, but other firms could face much higher fines depending on their track record. However, Aglukkaq says most companies voluntarily comply with recalls.

THE CANADIAN PRESS

Wireless competition

Paradis blocks Telus bid for **Mobilicity**

Ottawa is blocking a \$380-million deal to sell struggling wireless upstart Mobilicity to Telus Corp. and says it will continue to prohibit spectrum transfers that would limit competition in the Canadian wireless market. Industry Minister Christian Paradis said the government would use all tools at its disposal to ensure there are at least four wireless competitors in every region of Canada.

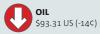
Telus and Mobilicity had sought an exception to a policy that prevents a transfer of spectrum from new, small carriers to the large incumbents for at least five years after the licences were issued. The CANADIAN PRESS

Market Minute

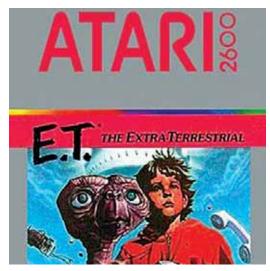


Natural gas: \$3.99 US (no change) **Dow Jones:** 15,177.54 (-76.49)









Would you dig through a landfill for this game?

A New Mexico city commission has agreed to allow a Canadian studio to search an old landfill where old, terrible Atari games are rumoured to be buried. The Alamogordo Daily News reports that Alamogordo, N.M., commissioners will allow Fuel Industries, which has offices in Ottawa and Los Angeles, to search the landfill for games. One soughtafter game, the E.T. video game, is thought by some gamers to be one of the worst video games of all time. Atari paid Steven Spielberg tens of millions of dollars to license the E.T. name, and the dud of a game caused the troubled company's worth to sink even further at the time. Alamogordo Commissioner Jason Baldwin says he played the E.T. game and it was horrible. THE ASSOCIATED PRESS

metronews.ca Wednesday, June 5, 2013 metr⊕ **VOICES**

DENY MILK FOR GREENER PASTURES

I'm so confused.

This week's hot book says that if you really want a meaningful relationship, you should go on a sex diet.

Well, to be precise, it says women should go on a sex diet, but that has obvious implications for their potential partners, who are everybody

The book is called The 30-Day Love Detox: Cleanse Yourself of Bad Boys, Cheaters, and Men Who Won't Commit — And Find a Real Relationship.

The author is Dr. Wendy Walsh, one of those friendly experts who populate the cable news channels. She even plays cable news experts on movies like Baywatch and The Cable Guy. I'm

not sure how she went from a Ryerson journalism grad to "doctor," but it happened somewhere between Halifax, where she was born, and Los Angeles, where she was reborn on Fox and



Paul Sullivan

metronews.ca

She does appear to have a PhD in psychology from the California Graduate Institute, which is not based on the back of a pack of matches, so

The diet analogy goes beyond the title. It's all about "slow love." Like "slow food," get it? Citing 'evolutionary psychology," Dr. Blond Alliteration promises to help women:

- Purge junk-food men
- Learn the five sexual myths that keep women single
- Determine when to begin the onset of sexual activity in a new relationship
- Avoid the biggest mistakes women make when dating online
- Spot a commitment-oriented man at his "state of readiness," which is not, apparently, what you think it is. The secret: No sex for the first 30 days. As far as I can tell,

Dr. BA also says women should stop sexting during this same period of abstinence. It's the sexual equivalent of empty calories.

way too long for today's post-Sex and the City woman.

she'd really like you to abstain until he puts a ring on it, but that's

But! But! you're probably asking yourself: "How is this any different from the advice that mom used to dole out on a daily basis?" And, truth be known, still does. Well, it's scientific. During orgasm, the female body unleashes a tide of oxytocin, a hormone that encourages bonding. This is dangerous, according to Dr. Walsh, as a woman can think she's just hooking up when she's really bonding with some unsuitable, commitment-phobic, bad-boy creep who is just using her for sex.

So it's like mom (or dad, who knows all about commitmentphobic bad boys because he probably used to be one) with a PhD. Just goes to show the value of a good education. The moral of this story is that morality has nothing to do with it, but it's still the same old story: "Why would he buy the milk if he can get the, er, cow for free?

Slow love rules. Even in the 21st century.



Sick of hearing about the Red Wedding second hand? Wishing vou could silence vour coworkers, Twitter and Facebook until you're caught up on the nuptials? You're in luck, now you can (though you're on your own with the co-workers part).

silencer.io

Google Chrome's 'mute packs' let you silence hashtags, people, terms or phrases on Twitter and Facebook to clear your feeds of spoilers (or boring friends or irritating topics).

spoil.rs

For those who want to "never annoy your followers again," spoil.rs masks your tweets so you can tweet to your heart's content about Robb Stark without fearing the wrath of Game of

program gives users more control over what they block by including timeframes in the filters - giving TVwatchers self-imposed deadlines to get on with their viewing.

Coming soon to a URL near you. This

Twitter apps
Though you can't use filters on Twitter's iPhone or Android apps, there are a handful of third-party apps that do the screening for you. Try Tweetbot for iPhone or Plume for Android.



@metropicks asked: Dunkin' Donuts recently added a doughnut breakfast sandwich to its menu. What would you like to eat between two pieces of doughnut?

@Mattgela: I would eat some good fruit in between! :P

@RealMarcDunn: #JimGaffigan already invented the donut ham hamburger, so Dunkin's a little late, but you can't go wong with #bacon

@aymyao: I'd love to have bacon weave in my donut

@morbiddangel: hopefully timmies is taking notice.

@Canucklehead_ca: Would be much easier to list things I WOULDN'T eat between 2 pieces of donut. (Thinking bacon & Timbits to start though.)

@FrenchmanCanada: Another donut!

@patriciacameron: Obesity, diabetes, other health issues link to toxic foods like this. Party pooper would eat NOTHING this way.

@LaniganDarin: Just skip the pleasantries of making people sick and kill them outright, put the KFC double down between 2 donuts

Follow @metropicks and take part in our daily poll.

NE WANT TO HEAR FROM YOU: Send us your

ZOOM

My little pony and his care bear



Foal finds comfort with teddy bear

An orphaned week-old foal sleeps soundly in the lap of his new surrogate mum — a teddy bear. Breeze, the bay pony, was found abandoned in Dartmoor National Park in Devon, southwest England, just a few hours after his birth.

After finding the

newborn, rescuers from the local Mare and Foal Sanctuary took him in. Breeze had been stumbling hopelessly around the park's hillside and attempting to suckle on other mares. When he was found by rescuers after first being discovered by a local farmer, he was suffering from clinical shock and dehydration, said staff.

Stuffed companion

"We always give our orphaned foals a giant cuddly toy as a companion. They're iust like human babies in the way in which it provides them with comfort."

Syra Bowden, executive director at the Mare and Foal Sanctuary

Vets come to the aid of poor pony

Despite the comforting effect from his cuddly toy, Breeze isn't OK.

Vets spent three hours by the poorly foal's side. He was placed on a saline drip, had a catheter fitted and was given crucial colostrum drips, milk and medication on his arrival. METRO

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Paid to be unemployed: when actors get naked

The Internship.

Owen Wilson and Vince Vaughn use a familiar formula with their latest bumbling, stumbling comedy



FOCUS
Richard Crouse
scene@metronews.ca

The new buddy comedy The Internship pairs Owen Wilson and Vince Vaughn for the first time since 2005's Wedding Crashers.

They are still wild and crazy guys, but this time out they are unemployed wild and crazy guys pushed out of their jobs by technology.

Unable to get a foothold in the new media field they take intern jobs at Google.

"We're looking at some sort of mental Hunger Games against a bunch of genius kids for just a handful of jobs," says Wilson.

Many movies have used unemployment as the starting point for storytelling.

In Lost in America, rated one of Bravo's 100 Funniest Movies, Albert Brooks plays a successful advertising executive who gets fired for insulting his boss.

Free from the shackles of employment he goes all carpe diem and convinces his wife Linda (Julie Hagerty) to leave her job and explore



the country in a Winnebago. When they lose their nest egg on a Las Vegas stop over they reenter the work force as a crossing guard and manager at a Der Wienerschnitzel restaurant, respectively.

As the movie ends they hit the road once again, hoping to reclaim their old jobs and lifestyles.

It would be hard to imagine a more toxic workplace than the real estate office in

Glengarry Glen Ross.

Encouragement comes in the form of verbal abuse — most of which can't be printed in a family newspaper — and a motivational sales contest offering three prizes.

Get hungry

"We're looking at some sort of mental Hunger Games against a bunch of genius kids for just a handful of jobs."

Owen Wilson
Talking about his new r

Talking about his new movie The Internship.

The top seller wins a Cadillac Eldorado.

"Second prize is a set of steak knives," says Blake (Alec Baldwin). "Third prize is you're fired."

Playwright David Mamet based the original play on his experiences working in a real estate office in the 1970s.

Finally, The Full Monty is a comedy that takes a serious look at the effects of unemployment on the individual and the community.

Set in Sheffield, England, it's the story of six men, most unemployed steel workers, who come up with a unique way to pay the bills.

They decide to form a Chippendale dancer style group, separating themselves from the pack by going "the full monty" and go completely stark naked.

While filming, the actors agreed to go completely nude in front of 400 extras provided they only had to do it once.

They got it in one take, and according to Roger Ebert, the inspiring and revealing final scene "was applauded at the screening I attended."

A mom, some dads and a bunch of cops

TV lineup. Comedies from Robin Williams, Andy Samberg, join Rogers lineup, along with Rebel Wilson on TV this fall season

New comedies starring Robin Williams, Rebel Wilson, Andy Samberg and Anna Faris are heading to City this fall.

Rogers Media — which runs City as well as specialty channels including FX Canada, Sportsnet, OMNI and Coming up

More releases coming soon

 Lineup. Shaw Media, which runs Global and a raft of specialty channels including Showcase, HGTV and Slice, is slated to reveal its upcoming lineup Wednesday. Bell Media, which runs CTV as well as specialty channels including Bravo, Much and Comedy, will announce its plans Thursday.

OLN — announced a 2013-2014 lineup this week.

It includes fresh laughs from Family Guy creator Seth MacFarlane, The Big Bang Theory creator Chuck Lorre and Parks and Recreation creator/producers Dan Goor and Michael Schur.

The fall slate includes Faris' single parent sitcom Mom, MacFarlane's multigenerational series Dads, Samberg's cop comedy Brooklyn Nine-Nine, Wilson's single-camera Super Fun Night and Williams' father-daughter laugher The Crazy Ones, co-starring Sarah Michelle Gellar as his daughter.

Overall, City's 2013-14 fall and mid-season prime-time schedule features 16 imports — eight comedies, six dramas and two reality series.

The network also boasts of five new and two returning homegrown series, including fresh reality shows The Project: Guatemala, Storage Wars Canada and Meet the Family.

THE CANADIAN PRESS



Andy Samberg's cop comedy Brooklyn Nine-Nine is joining City this fall, GETTY IMAGES

Barenaked Ladies rediscover their goofy side with Grinning Streak



Music. Band's previous album came amid a stormy time

The Barenaked Ladies' last album, 2010's All in Good Time, followed a dark period for the band and it showed: the usually light-hearted popsters swapped congenial hijinks for sombre self-reflection, which even extended to the album's starkly monochromatic cover.

Everything about their new album, Grinning Streak, indicates that the group has re-embraced the goofy, freewheeling side it temporarily left behind following the departure of founding member Steven Page, even while retaining some of the maturity of their previous album.

"You could not ignore the events that happened (before All in Good Time)," drummer Tyler Stewart said in a recent interview at a Toronto diner, seated next to frontman Ed Robertson.

"It was our first time as a four piece. You couldn't ignore the fact that we needed to redefine ourselves. There's still some fun stuff on All in Good Time, but there's also some emotional stuff — dealing with a breakup essentially.

"So I'd say that the hopefulness is definitely back on this album."

Indeed, the new record—it hit stores Tuesday—features a number of breezy, feel-good tunes with a quirky streak. Odds Are finds Robertson gearing up almost to One Week speed for a cheerfully melodic tune about the general unlikelihood of various disasters, Smile is a sunny blast of acoustic guitar-driven nostalgia while Did I Say That Out Loud? is a snappy stomper with sweet lovelorn lyrics.

In fact, many of these tunes feature an upbeat perspective on love — one that's surprisingly up-front for the typically sly Robertson, who often wraps such sentiment in metaphor or irony. Robertson nods in acknowledgment when asked whether this record marks a more direct lyrical approach.

"I wasn't afraid to put my heart fairly firmly on my sleeve on this record," he said. "I think I've kind of made career out of being a little bit cagey and using a lot of metaphors and skullduggery.

"But I wanted to write some really sincere, direct songs on this record, and enjoyed doing that. It was an emotional process and a really rewarding one.... I wasn't afraid to write some things that were a little closer to home."

It seems, then, that Grinning Streak is perhaps a better indicator of the new-look Ladies than their previous record, which was issued right in the midst of several storms.

First, there was the departure of Page — said to be mutual — after the bespectacled singer with the impressive vocal range was involved in a high-profile cocaine bust (the charges were later dropped). Meanwhile, Robertson endured the death of his mother and was involved in a small plane crash outside Bancroft, Ont

Grinning Streak still probes some of those wounds but from a different, more hopeful perspective than was possible three years ago.

THE CANADIAN PRESS





Mayer exploring Perry's wonderland once again

It looks like on-again, offagain couple Katy Perry and John Mayer are very much on again, though this time it's a more "casual" relationship, according to E! News.

They are just hanging out," a source says.

"They are not putting a

label on it."

Though they haven't stepped out in public together since their March breakup, Perry and Mayer have reportedly been spending most of their nights together.

A rep for Perry couldn't be reached for comment.



Amanda Bynes sees a silver lining with legal troubles

If you're curious about the latest details in Amanda Bynes' legal battles, the troubled starlet is happy to oblige.

'The (district attorney) and my lawyer talked today," Bynes posted to Twitter.

They have no proof of drugs on me or around me at anytime during the arrest or after. All I'm becoming is more famous. Thanks for lying about me!"

Bynes was arrested May 23 on counts of reckless endangerment, tampering with evidence and criminal possession of marijuana. She's due in court July 7.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Radcliffe really wants to be a rad dad

Daniel Radcliffe wants to start a family, and he may be in somewhat of a hurry about it.

"I'd like to get started on it before my 30s," the 23-year-old Harry Potter star tells Time Out London. "I like the idea of being a youngish parent so I've

got energy to play football, even though they'll be better than me by the time they're four.'

And while he doesn't currently have a momto-be in mind, the height challenged Radcliffe admits she'll have to do a lot of the heaving lifting, height-wise.

"I will have to find a very tall wife if they're going to be good at sports," he says. "You could be my size as a boxer, you'd just have to be a super featherweight or something.'



Don't say Pacino never did anything for you, Bruce

If Al Pacino is to be believed, he could have been Han Solo. The Oscar winner says he nearly starred in some of the biggest franchise-starters in Hollywood history but decided to turn them down.

'Star Wars was mine for the taking, but I didn't understand the script," Pacino told an audience in London, according to the Evening Standard.

He also claims he turned down the lead role in Die Hard that eventually went to Bruce Willis. "I gave that boy a career," Pacino said.



Adventure!

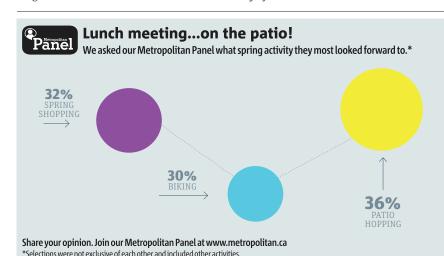
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Body Weight in Children and Teens

Researchers at the University of Alberta are conducting studies to examine factors that influence body weight in children and teens.

Volunteers 5 to 17 years old of all body weights and sizes are needed for the studies.

If you are interested in learning more about the studies, please contact Michelle at (780) 248-5481 or michelle.mackenzie@ualberta.ca



(780) 248-5481 or michelle.mackenzie@ualberta.ca

Hats off to Panama!

Country of contrasts.

This little nation with a famous canal boasts a bustling city, pristine beaches and verdant countryside

FERNANDO CARNEIRO

life@metronews.ca

From modern skyscrapers in Panama City to the wild countryside and pristine beaches, Panama is a country of contrasts.

The Panama Canal, of course, brings people from all over the world to the capital, where international cuisine is easily found along with Caribean flavours in restaurants such as Manolo Caracol and La Vitrola.

Its imposing skyline, dotted with ultra-modern architecture, is on display through the windows of downtown hotels like the Radisson Decapolis or the rooftop of the Hard Rock Hotel Panama Megapolis.

The nightlife includes a variety of charming restaurants in the Casco Viejo (old city) and salsa clubs featuring live bands such as the Havana Club Panama.

The local currency? They use U.S. dollars, except for the coinage, which is called the Balboa and minted in Canada.

A short drive away lies a different world in the tropical forest. Day tours for zip lining, culture and craft, or a visit to



The Royal Decameron resort is just a few hours from Panama City. HANDOL

the Embera Indigenous Community range from \$55 to \$90.

For rest and relaxation in the sun, Panama has beaches on both the Pacific and Atlantic oceans.

Just a couple of hours from Panama City lies Farallon, home to the Royal Decameron Golf, Beach Resort and Villas Panama.

This all-inclusive resort is situated in a "dry arch," which means more sunny days on the

Ten restaurants, a spa and various swimming pools make

Canadian influence

Canadian architect Frank Gehry — whose wife is Panamanian — designed the soon-to-be-finished Biomuseo, which showcases Panama's biodiversity. The distinct building, expected to become a cultural icon, is colourful to reflect its tropical environment.

exploring this large resort fun for days. Nightly shows and a disco are a good way to cap a busy day.



Panama City's skyline.

Getting there

Nolitours offers flights through Air Transat to Panama City and various packaged vacations.

The world's greatest shortcut

It's impressive today and it must've blown people's minds 99 years ago when the first ship crossed the Panama Canal. Possibly the world's greatest shortcut — it takes ships an average of eight to 10 hours to transit the Canal versus nearly a month to go around South America — the Canal is also a must-see tourist attraction.

Its on-site museum has images and tools starting with the original French attempt at building the Canal, which was followed by the successful American completion of the crossing in 1914. Tens of thousands died during construction due to illnesses carried by mosquitoes and engineers were forced to innovate to dig through the continental divide

Today, the Canal is one of the Seven Wonders of the Modern World and employs about 9,500 people, bringing in \$1.5 billion to the Panamanian economy.

Although managed by the United States until 1999, the Canal is now nationally managed with an expansion on the way to handle larger ships. It's expected to be completed next year when the Canal turns 100. At the Miraflores lock, there's a buffet restaurant and viewing platform that allow tourists to see the ships enter the locks and watch them go through the various stages linking the ocean to Gatun Lake.



metronews.ca Wednesday, June 5, 2013 TRAVEL 17

Trip tips

Hit the road this summer



ON THE MOVE Loren Christie life@metronews.ca

If the lure of the open road is calling you, just pick a stretch of highway somewhere between Trinity and Tofino. From coast to coast, Canada has limitless options when it comes to the makings of a great summer road trip.

Nova Scotia's Cabot Trail has always been a personal favourite. It offers stunning scenery, wildlife viewing (whales and moose) and the opportunity to touch the distinct Acadian and Scottish cultures that colour the history of the province. It is an ongoing debate whether to do the drive clockwise or counter-clockwise - I prefer clockwise. It builds your anticipation of the sites along the route in a more logical fashion.

Route 132 in Quebec's Gaspe region offers a scenic shore-hugging drive through



silver-steepled villages surrounded by mountains and serenaded by the sea. The route forms a loop of about 900 kilometres. As the seaway widens into the gulf, try some ferry-hopping to explore both coasts of the St. Lawrence River.

The Trans Labrador Highway is a relatively new 1,054 kilometre frontier highway that allows you to explore the wilderness, culture and adventurous nature of Labrador. Make sure to visit the 16th century Basque whaling station turned National Historic

Site in Red Bay. This section of the highway also offers numerous whale and iceberg viewing spots and the chance to visit the tallest lighthouse in Atlantic Canada.

For those who want to hit the pavement but don't want to do the actual driving go sidecar with Jasper Motorcycle Tours. They offer numerous touring packages of Alberta's stunning Icefields Parkway. You get up close and personal with not only the asphalt, but the scenery and the wildlife. On my tour we saw a brown bear, big horned sheep and more elk than I could count. The drivers are fully knowledgeable about the area so you enjoy a fully guided tour as you take in the sights.

If you prefer not having to suit up in leathers and a motorcycle helmet and are looking for something a little more fancy, consider Niagara Classic Cabs in Southern Ontario. They will customize your tour through the Niagara wine-growing region in high style. It's perfect for people who want to hit the wineries without worrying about who is going to be the designated

Finders keepers in game for seekers

Geocaching craze.

Try a treasure hunt next time you travel

Ever since there were pirates or wide-eyed children searching for eggs on Easter morning, treasure hunting has been a draw for the adventurous.

The adventure, of course, is in the hunt as much as it is in finding what has been hidden and meant to be found.

Combine that sense of adventure with global positioning technology and a desire to take advantage of the great outdoors, and you have a phenomenon known as geocaching—and tourism promoters are catching on, hoping to cash in.

Some tourism groups have watched the geocaching trend blossom over the past decade, and are taking advantage of it to attract treasure hunters and



their treasure.

"There are a series of geocaches that have been set up in various locations with the express purpose of bringing people to that area," says John Robb, president of the Ontario Geocaching Association.

The Ottawa Valley Tourist Association, based in Pembroke, Ont., encourages visitors to pack their GPS units and head to Renfrew

County, northwest of Ottawa, a region that has become a popular geocaching destination with more than 300 cache sites scattered throughout the area.

Forgot your GPS, or don't have one? No problem. The association, like others, will loan one with a damage deposit.

It has become big business.

"Anybody that does any level of geocaching will, at some point, travel to do geocaching," said Robb.

One of the largest annual geocaching events held in Canada is organized by the Central Ontario Geocachers. This year, hotels in and around Ontario's cottage country are expected to be inundated on June 15 by thousands of the sports enthusiasts for a hunt held at Geneva Park on the shore of Lake Couchiching, about 150 kilometres north of Toronto.

THE CANADIAN PRESS



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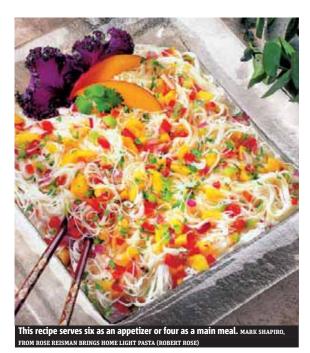
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metronews.ca Wednesday, June 5, 2013 metr⊕

Mango Salsa Over Vermicelli: Sweet and savoury mash up



ROSE REISMAN r more, visit sereisman.com or follow

A fresh tasting summer pasta salad, this Mango Salsa Over Vermicelli is great for warm days. Add a grilled protein, such as fish or chicken, and you have a complete meal.

1. Cook pasta in boiling water according to package instructions or until firm to the bite. Rinse with cold water. Drain and set aside.

. 8 oz vermicelli or other fine-

• 1 3/4 cups diced ripe mangoes

• 3/4 cup diced sweet red pep-

• 1/2 cup diced red onions

• 1/2 cup diced sweet green

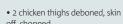
Ingredients

strand pasta

Nutritional analysis

Per serving: 265 calories, 6 g protein, 3 g total fat, 1 g saturated fat, 44 g carbohydrates, 6 mg sodium, 0 mg cholesterol, 3 a fibre

2. In bowl of food processor, combine mangoes, red peppers, onions, green peppers, oil, lemon juice, garlic and cilantro. Process on and off just until finely diced. Pour over pasta. ROSE REISMAN BRINGS HOME LIGHT PASTA (ROBERT ROSE) BY ROSE REISMAN



- 2 chicken breasts, skin off, chopped
- 1/2 tsp saffron (optional)
- 1/3 cup cooking oil
- mustard seeds
- 1/2 tsp asafetida (optional)
- medium cloves)

Metro Exclusive

Cooking with Vikram Vij, Part 2

It's time for a second helping. Metro and Vikram Vij are teaming up once again to give readers on opportunity to cook along with the renowned chef during a live webstream Thursday at 9 ET/6 PT at metronews.ca/ vijcooklive.

Joining Vij as he pre-pares a Chicken Coconut Curry will be Dawn Chubai, from Citytv's Breakfast Television in Vancouver, and 11-year-old Liam Lewis, a food blogger who will act as a sous chef, helping to prepare the ingredients.

Plan to cook along with Vij? Here is your shopping

- off, chopped

- 1 tbsp cumin seeds or black
- 2 tbsp finely chopped garlic (6



ook with Vikram Vii and Metro

- · 1 tsp turmeric
- 1 1/2 tsp salt
- 1 tsp ground cayenne pepper
- 2 tsp paprika (optional)
- 5 cups coconut milk
- 2 cups stock (chicken or vegetable)
- 1/2 cup chopped cilantro (optional)

Remember to visit metronews.ca/vijcooklive this Thursday at 9 ET/6 PT to cook along live with Vij. You will also be able to tweet him at #VijCookLive



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• 1/2 cup chopped cilantro or

peppers

• 3 tbsp olive oil

• 3 tbsp lemon juice

• 2 tsp crushed garlic

Basil and Raspberry Smash

A unique combination of tart and sweet raspberries as well as basil, cranberry juice and simple syrup, this refreshing drink is perfect as the weather continues to warm up.

- 5 basil leaves
- 10 fresh raspberries
- 1.5 oz Luksusowa • .5 oz simple syrup
- .5 oz cranberry juice
- Garnish: 2 fresh raspberries and a basil leaf

Muddle basil and raspberries gently in a short glass. Add all other ingredients and fill glass 2/3 with crushed ice. Mix well using a bar spoon and top up with ice. RECIPE: MACIEK STAROSOLSKI, GLOBAL BRAND AMBASSADOR, LUKSUSOWA VODKA/ PHOTO: YBIMO



Dinner. Cheese-and-Apple-Stuffed Pork Chops



- **1.** Soak toothpicks in water 10 minutes, to prevent from burning when cooking the pork.
- 2. In saucepan on mediumhigh heat, reduce balsamic vinegar and honey for 15 minutes, until it is a syrupy texture and the liquid has reduced to approximately 2/3 cup. Set aside.
- **3.** In bowl, combine cheese, apples, orange juice, onions and thyme. Add drizzle of olive oil and pinch of salt; mix well.
- **4.** Season pork chops with salt and pepper to taste. Place 2 to 3 tbsp (30 to 45 ml) of stuffing on each pork chop and close with toothpicks.
- **5.** Cook on grill over medium heat 7 minutes on each side.

Serve with skewer of mixed grilled vegetables drizzled with balsamic reduction. NEWS CANADA/ SAPUTOALACARTE.CA

Balsamic Reduction

- 2 cups (500 ml) balsamic vinegar
- 6 tsp (30 ml) honey Stuffing
- 12 oz (340 g) Mozzarellissima cheese, grated
- 3 green or red apples, grated
- juice of half an orange • 3 green onions, finely chopped
- 2 to 3 sprigs fresh thyme, stems removed
- olive oil, to taste
- salt and pepper, to taste
- 6 pork chops, butterfly cut

metronews.ca
Wednesday, June 5, 2013
Wednesday, June 5, 2013

Presenting the power of communication

Skill of the speak.

The how-tos of delivering an effective and engaging presentation at work

SHAHEERAH KAYANI From time to time, we are all faced with the challenge of delivering an effective presentation or communicating with others effectively to get our message across at work.

To deliver an effective presentation, it is important to first understand the communication model and the three components of communication.

The communication model begins with the sender (you). The sender encodes the message, the message goes through your chosen channel (such as a Power-Point presentation), and the receiver (your audience) will then decode your message and respond with their feedback. There are also three very key elements that

are the makeup of effective communication: 10 per cent content, 35 per cent vocal qualities, and 55 per cent body language and facial expressions.

Now that you understand the communication process, here are some tips on delivering an effective presentation:

Know your audience

It is very important to know your audience so that you strategically relate your presentation topic and method of delivery to your audience. For example, if your audience is a panel of recruiters at a sales company (yes, an interview is probably one of your most important presentations!), you will need to dress professionally and present your work ex-periences and skills in a professional manner. But if your Early Childhood Education professor has given you the assignment of presenting to a group of preschoolers, then you will need to use ageappropriate terms and childfriendly activities. From my own personal experience as

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Meeting mantra

Tell them what you are going to tell them, tell them, and tell them what you just told them.

Shaheerah Kayani TalentEgg ca

a business student, for example, Apple has been the most common presentation topic among my peers as we can all relate to the company and its products fairly easily.

Use visuals

Most of us are visual learners, and it can truly make your presentation so much better if you use visuals, such as images, diagrams,

charts and videos, to support your presentation and message.

The classic presentation approach

Tell them what you are going to tell them, tell them, and tell them what you just told them.

This is the classic presentation approach that will help keep your presentation smooth and organized. Begin with an agenda, then the body of your presentation content, and finish off with a summary and conclusion.

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Practice makes perfect

Check with your school to see if they have a practice presentation room, or ask one of your professors or peers if you can rehearse in front of them. Remember, you don't want to monotonously read off your cue cards, but rather you should try to memorize the content and know it well enough so that you can present it.

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20 SPORTS metronews.ca Wednesday, June 5, 2013

Willis is all smiles with fresh start

CFL. Mayor of Swaggerville eager to terrorize quarterbacks as an Eskimo

Odell Willis is the happiest man on the Edmonton Eskimos who can't control his rage.

He's the ever-smiling great teammate who has become a CFL vagabond due in part to self-centred behaviour.

In other words, the newest Eskimos rush end is a walking enigma — with 200 pairs of size-13 sneakers.

"Show me the mawnnnnaaaay!!!" Willis — in his six-foot-two, 255-pound frame — shouts as he walks amongst his teammates in the Eskimo fieldhouse, a mile-wide grin on his face, mimicking wide receiver Rod Tidwell in the movie Jerry Maguire.

Eskimos camp is the fourth stop in five years for the 28-year-old import.

"Sports is one of the things you can get a clean slate at in life," said Willis. "So we're just ready to start clean, start fresh, new team, new look. Give this city something to smile about and be proud of."

It has been a long journey.

Quoted

"He loves to go to work and when he goes to work, he goes to work."

Eskimos head coach Kavis Reed, on Odell Willis.

He was born in 1984 in Meridian, Miss., two decades after the area became the nationally infamous dark heart of racial hatred for the murder of three civil rights workers.

He starred at the University of West Georgia, then went on to dominate arena football, prompting the Calgary Stampeders to give him an audition in 2009.

He played half the season for Calgary, then got traded to Winnipeg. His sack total was 10 that year.

The next two years in Winnipeg were the high point, when Willis became an outsized, outspoken media darling, the self-styled "Mayor of Swaggerville."

He registered 11 sacks in 2010 and 13 in 2011 to earn CFL all-star recognition.

He made highlight reels for lightning-fast end runs, turning offensive tackles into turnstiles, followed by devastating hits to the quarterback.

But there were penalties, many penalties: Facemasking, roughing the passer, unnecessary roughness.

Midway through 2011 his indifference to defending the run relegated him to passing downs only. He was not pleased and during the Bombers' preparations for the Grey Cup tweeted he'd rather be at home eating Thanksgiving dinner.

The end came when he demanded the Bombers release him from his contract so he could try his luck in the NFL. Instead, they shipped him west to Regina.

THE CANADIAN PRESS



Defensive end Odell Willis talks to media at the Eskimos' training camp on Tuesday. Dean BENNETT/THE CANADIAN PRESS

The mayor means business

Odell Willis joined the Esks three minutes after free agency began on Feb. 15, an obvious violation of rules prohibiting teams and free agents from negotiating beforehand.

• The Eskimos were fined \$10,000 for tampering. The

team paid up and wouldn't discuss it further.

"The mayor (of Swaggerville) is here, but we're going to be more professional about ourselves this year, try to lead these young guys to a Cup," Willis said.

Calling it a career

Despatie retiring from diving

Three-time world diving champion Alexandre Despatie is retiring after an illustrious career that saw him burst on to the international scene as a 13-year-old phenomenon.

Despatie, 27, is the only diver to have won world championships in all three of the one-metre, threemetre and 10-metre events.

French Open

Tsonga slams door on Federer

Roger Federer lost Tuesday in the quarter-finals of the French Open, falling to Jo-Wilfried Tsonga of France 7-5, 6-3, 6-3. Federer was eliminated before the semifinals for the second time in past three majors. Tsonga also beat Federer in the Wimbledon quarterfinals in 2011.

THE ASSOCIATED PRESS

Murder case

Pistorius stoic in court hearing

Oscar Pistorius stood for his entire 15-minute court hearing Tuesday, staring straight ahead, hands clasped in front of him and giving away little emotion as the world got its first close up view of the double-amputee Olympian and murder suspect in nearly four months.

Pistorius faces a life sentence in prison, with a minimum of 25 years, if convicted of premeditated murder, the charge against him for the shooting death of Reeva Steenkamp.

THE ASSOCIATED PRESS



Defending champs pull it together at Staples Center

NHL playoffs. Kings extend home winning streak to 15 games and cut Blackhawks' series lead to 2-1

Slava Voynov had a goal and an assist, Jonathan Quick made 19 saves, and the Los Angeles Kings beat Chicago 3-1 in Game 3 of the Western Conference finals on Tuesday night, trimming the Blackhawks' series lead to 2-1.

Justin Williams also scored and Dwight King added an empty-net goal in the defending Stanley Cup champions' 15th consecutive home victory since March. The Kings have won eight straight home playoff games, dating to last season's title clincher, and they never trailed while ending the topseeded Blackhawks' five-game post-season winning streak.

Game 4 is Thursday night. Bryan Bickell scored and

Corey Crawford stopped 25 shots for the Blackhawks, who chased Quick from Game 2 and earned back-to-back home victories to open the series last weekend.

The Kings had lost five of their previous seven playoff games before getting back to the friendly Staples Center and their sellout crowd. Quick also returned to Conn Smythe Trophy form in Game 3, highlighted by a dazzling late save on Bickell, while his low-scoring teammates generated just enough offence to hold off the Blackhawks, who hadn't lost since Game 4 of the second round. The associated press



an Quick gets tangled up during Game 3 against the ckhawks on Tuesday in Los Angeles. JAE C. HONG/THE ASSOCIATED PRESS

MLB

Gibbons would 'be surprised' if Cabrera gets another PED suspension

Baseball is on the verge of the biggest drug scandal in North American sports history, but there is no indication Blue Jays outfielder Melky Cabrera will be involved in an expected onslaught of PED suspensions by MLB's front office.

Cabrera and the Jays were on the field in San Francisco when ESPN broke a story claiming a "biogenics" doctor in Miami had struck a deal with baseball to "name names" of players to whom he provided banned substances.

The report says baseball will seek suspensions for up to 20 players — and that bans as long as 100 games will be sought for superstars Alex Rodriguez and Ryan Braun.

Cabrera served a 50-game drug suspension last season while with San Francisco and has said he has been cooperating with baseball in its investigation into the use of banned substances by major



league players.

The ESPN report, citing unnamed sources, says baseball's investigation centres on the Miami Biogenesis clinic operated by Tony Bosch.

'I know he (co-operated) and that was tied into the investigation," Jays manager John Gibbons said.

"I'd be surprised (by further suspensions for Cabrera) because he's served one already."

Cabrera, through a Jays spokesman, said he had no comment in the wake of the ESPN report.

Both Rodriguez and Braun have denied ties to Bosch, but Cabrera, when he reported to spring training, issued a statement saying he was cooperating with baseball in its investigation.

TORSTAR NEWS SERVICE

NHL PLAYOFFS

CONFERENCE FINALS EASTERN CONFERENCE

PITTSBURGH (1) VS. BOSTON (4)

(Boston leads series 2-0) Monday's result Boston 6 Pittsburgh 1 Saturday's result Boston 3 Pittsburgh 0 Wednesday's game
Pittsburgh at Boston, 8 p.m. Friday's game
Pittsburgh at Boston, 8 p.m. **Sunday's game** x-Boston at Pittsburgh, 8 p.m. Tuesday, June 11 x-Pittsburgh at Boston, TBD Wednesday, June 12

x-Boston at Pittsburgh, TBD **WESTERN CONFERENCE**

CHICAGO (1) VS. LOS ANGELES (5)

(Chicago leads series 2-1) Tuesday's result Los Angeles 3 Chicago 1 Sunday's result Chicago 4 Los Angeles 2 Saturday's result Chicago 2 Los Angeles 1 **Thursday's game** Chicago at Los Angeles, 9 p.m. Saturday's game Los Angeles at Chicago, 8 p.m. Monday, June 10 x-Chicago at Los Angeles, 9 p.m. Wednesday, June 12 x-Los Angeles at Chicago, TBD played only if necessary

NBA PLAYOFFS

FINAL

(Rest-of-7)

MIAMI (1) VS SAN ANTONIO (2)

Thursday's game San Antonio at Miami. 9 n m. Sunday's game San Antonio at Miami. 8 n m. Tuesday, Jun. 11 Miami at San Antonio, 9 p.m. Thursday, Jun. 13 Miami at San Antonio, 9 p.m.

MLB

AMERICAN LEAGUE

EAST DIVISION					EAST DIVISION
	W	L	Pct	GB	
Boston	36	23	.610	_	Atlanta
Baltimore	33	25	.569	21/2	Washington
New York	33	25	.569	21/2	Philadelphia
Tampa Bay	31	26	.544	4	New York
Toronto	24	33	.421	11	Miami
CENTRAL DIVISION					CENTRAL DIVIS
	w	L	Pct	GB	
Detroit	31	25	.554	_	St. Louis
Cleveland	30	28	.517	2	Cincinnati
Minnesota	26	29	.473	41/2	Pittsburgh
Chicago	24	31	.436	61/2	Chicago
Kansas City	23	32	.418	71/2	Milwaukee
WEST DIVISION					WEST DIVISIO
	W	L	Pct	GB	
Texas	35	22	.614	_	Arizona
Oakland	35	25	.583	11/2	San Francisco
Los Angeles	25	33	.431	101/2	Colorado
Seattle	25	33	.431	101/2	San Diego
Houston	21	38	.356	15	Los Angeles
Tuesday's results					Tuesday's results
N.Y. Yankees 4 Cleveland	Philadelphia 7 Mi				
Detroit 10 Tampa Pay 1					Washington 3 N V

Detroit 10 Tampa Bay 1 Boston 17 Texas 5 Baltimore 4 Houston 1 Minnesota 3 Kansas City 0 Chicago Cubs at L.A. Angels Chicago White Sox at Seattle Monday's results

N.Y. Yankees 7 Cleveland 4 Houston 2 L A Angels 1 Seattle 4 Chicago White Sox 2

Wednesday's games — All times Eastern Cleveland (Kluber 3-3) at N.Y. Yankees (Sabathia 5-4), 1:05 p.m.

Chicago White Sox (Axelrod 3-4) at Seattle (Iwakuma 6-1), 3:40 p.m. Chicago Cubs (Garza 1-0) at L.A. Angels (Vargas 5-3), 7:05 p.m.

Tampa Bay (Cobb 6-2) at Detroit (Fister 5-2), 7:08 p.m. Texas (Ogando 4-2) at Boston (Lackey 3-5),

7:10 p.m. Baltimore (Garcia 2-2) at Houston (Keuchel

Minnesota (Walters 2-0) at Kansas City (Guthrie 5-3), 8:10 p.m.

NATIONAL LEAGUE

	vv	L	PCU	GR
Atlanta	36	22	.621	_
Washington	29	29	.500	7
Philadelphia	29	30	.492	71/2
New York	22	33	.400	121/2
Miami	16	43	.271	201/2
CENTRAL DIVISION				
	W	L	Pct	GB
St. Louis	38	19	.667	_
Cincinnati	36	23	.610	3
Pittsburgh	35	24	.593	4
Chicago	23	32	.418	14
Milwaukee	22	35	.386	16
WEST DIVISION				
	W	L	Pct	GB
Arizona	32	25	.561	_
San Francisco	30	27	.526	2
Colorado	31	28	.525	2
San Diego	26	31	.456	6
Los Angeles	24	32	.429	71/2
Tuesday's results				

ashington 3 N Y Mets 2 Colorado 5 Cincinnati 4 Atlanta 5 Pittsburgh 4 (10) Milwaukee 4 Oakland 3 (10) Arizona at St. Louis Artzolia dt St. Louis San Diego at L.A. Dodgers Toronto at San Francisco Monday's results Philadelphia 7 Miami 2 Cincinnati 3 Colorado 0 Atlanta 7 Pittsburgh 2 Oakland 10 Milwaukee 2 St. Louis 7 Airson 1

Oakiand 10 Milwaukee 2 St. Louis 7 Arizona 1 L.A. Dodgers 2 San Diego 1 Wednesday's games — All times Eastern Pittsburgh (Rodriguez 6-3) at Atlanta (Teheran 3-2), 12:10 p.m. Miami (Turner 1-0) at Philadelphia (Hamels 10)

Miami (Turner 1-0, 600 1-9), 1:05 p.m. Oakland (Colon 6-2) at Milwaukee (Gallardo

Oakland (Colon 6-2) at Milwaukee (Gallardo 4-5), 2:10 p.m. Toronto (Dickey 4-7) at San Francisco (Zito 4-3), 3:45 p.m. N.Y. Mets (Gee 3-6) at Washington (Haren 4-6), 7:05 p.m. Colorado (Garland 3-6) at Cincinnati (Cueto 3-0), 7:10 a.

3-0), 7:10 p.m. Arizona (Miley 3-5) at St. Louis (Kelly 0-2), 8:15 p.m. San Diego (Marquis 6-2) at L.A. Dodgers (Kershaw 5-3), 10:10 p.m.



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TECHNOLOGY



SAFETY



EFFICIENCY

2013 DODGE DART

FINANCE FOR

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	2013 DODGE DART	2013 CIVIC°	2013 ELANTRAº	2013 COROLLA°	2013 FOCUS°
BEST AVAILABLE HIGHWAY FUEL ECONOMY°	59 MPG	56 MPG	54 MPG	50 MPG	51 MPG
STANDARD AIR BAGS	10	6	6	6	7
LARGEST AVAILABLE TOUCH-SCREEN DISPLAY	8.4 INCHES	< 7 INCHES	< 7 INCHES	< 7 INCHES	8 INCHES
TOTAL PASSENGER ROOM (L)	2752.4	2678.0	2707.0	2568.0	2568.0
4-WHEEL DISC BRAKES	STD	AVAIL	STD	N/A	AVAIL
7-INCH TFT DISPLAY	AVAIL	N/A	N/A	N/A	N/A
PROJECTOR HEADLAMPS	STD	N/A	N/A	N/A	N/A

Dodge.ca/Dart





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2014 Mitsubishi Mirage







Chevrolet Spark Base price: \$13,350



Scion iQ Base price: \$18.000

ALL PHOTOS WHEELBASEMEDIA.COM

Review. Yet another global small car finds a home in North America

MALCOLM GUNN

It's lean times these days for Mitsubishi fans. With only a variety of Lancer and Outlander models plus the iMiEV electric car on showroom floors, product diversity is definitely lacking. Fortunately, some relief is at hand in the form of the 2014 Mirage sub-compact.

In the distant past, various Mirages were imported to North America wearing Mitsubishi, Dodge and Plymouth labels (Chrysler and Mitsubishi once worked closely together). That well dried up after the 2002 model year, but it will be at least partially replenished this fall by a small four-door hatchback that the automaker promises will be one of the most fuel-efficient non-hybrids you can buy. The new five-passenger Mirage hatchback, cur rently manufactured in Thailand for Mitsubishi's European and Asian markets, is due here

A quick walk-around confirms that the vehicle's diminutive appearance is no, uh, mirage. The little zipper is perched low to the ground on tiny 14-inch wheels that would seem right at home on a Smart ForTwo. The rounded and somewhat stubby front gives the car a cute-in-its-ownway appearance that belies its wind-cheating drag coefficient. Although the front doors and liftgate are generously sized, smallish rear doors and a sloping roofline hamper three-in-apinch rear-seat access.

The interior appointments are simple, yet tasteful, with

- Type. Four-door, front-wheeldrive sub-compact hatchback
- Engines (hp). 1.2-litre DOHC three-cylinder (74hp)
- Transmissions. Five-speed manual; continuously variable (CVT)
- Base price (incl. destination) \$13,000 (est.)

easy-to-read gauges and controls that gibe with the Mirage's practical nature. The 60:40 split rear seat can be folded down for added stowage but even when occupied there's reasonable space for groceries and gear.

The base model actually comes with a decent list of features, such as tilt steering, keyless entry, power windows

Fuel Economy

Contemplating a vehicle this small usually involves compromises and in the Mirage's case you give up room in return for exemplary fuel economy. Mitsubishi is estimating 5.3 1/100 km in the city and 4.4 in the highway. That beats the Chevy Spark's 6.3/5.1 rating and even surpasses the Smart Fortwo's 5.8/4.7.

and outside mirrors, a 140-watt four-speaker audio system and an eco indicator that lights up when you're operating in a fuel-saving manner. The Mirage also has seven standard airbags, including a driver's knee inflat-

Move up to the premium model and the content list is expected to include automatic

Design

The car is larger than the Chevrolet Spark, for example, in most key exterior measurements by five to 7.5 centimetres. However, it's more petite than other competitors, notably the Ford Fiesta, Honda Fit and Hyundai Accent hatches.

climate and speed control, alloy wheels, steering-wheel-mounted audio switches, fog lamps and keyless entry and a start/ stop button. The Mirage will never be confused for a juniorsized luxury car - leather seats, sunroof and other niceties aren't offered - but as a short-haul urban commuter it's the right car for the job.

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metr⊕ **DRIVE**

Parts Department

WHEELBASE MEDIA

Keep it steady

If you own a motorcycle, you've likely had occasion to transport it by trailer or in the bed of a pickup. In any event, you were likely concerned about the bike somehow tipping over. To move your ride safely and securely, consider the Motorcycle Wheel Chock that's a new product from Steadymate. The Wheel Chock can be securely bolted to the floor using the hardware that's included. Or, you can set it up in your garage by attaching the rubber feet (also included). Fits wheel sizes from 12 to 26 inches in diameter. The Wheel Chock sells for \$229 and can be

ordered from the Torontobased company at steadymate. com.



Clean cleaning cloths

There are plenty of specially developed cloths, towels and mitts on the market for washing, wiping and waxing the exterior and interior of your vehicle. But how do you restore them to a useful condition after you've dirtied them up a bit? The maker of WHOOSH! claims that its biodegradable detergent will not harm the



Flip your Jeep lid

Talk to any owner about their Jeep Wrangler and they'll wax poetic about their favourite off-roader. But ask them about removing and reinstalling the Jeep's canvas top and the conversation might get uncomfortable. In short, it's not much fun wrestling with the various snaps, zippers, hooks and other attachments. A solution is in hand in the form of the power-operated MyTop from Roadwire. The company states that its lid will automatically fold back and reverse itself in about six seconds and the folding/refolding process are of the same design used to operate the canopies of fighter jets. MyTop

is priced at \$4,700 US, plus installation. More info is available at roadwire. com.



An illuminated belt

When travelling at night, it's difficult for front or rearseat passengers to read a book, play a game or fiddle with their personal audio devices without flipping on a



glare-creating dome lamp. That won't present a problem

if they use the SpotGlo light from Autolite. This fully adjustable cellphone-sized light-emitting-diode (LED) illumination source clips onto the user's seatbelt without causing any annoying and potentially distracting -for-the-driver glare. The Spot-Glo is powered using three AAA batteries (not included) and will reportedly last for a minimum of 10 hours on the high setting, or 25 when set to low. One costs \$10 US, visit autobarn.net.



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Chevy and Bugatti ready to Transform on the big screen

The cartoon-turned-movie's fourth instalment Transformers 4 is doing a little transforming of its own. Its getting a new cast. The new 2014 Chevrolet Corvette Stingray, shown in this photo, and the Bugatti Veyron Grand Sport Vitesse will join the Autobots on screen, slated to open June 27, 2014, according to the official Transformers Facebook fan page. TORONTO NEWS SERVICE

Car colour: there's protection in that paint

Driving force. Several different layers laid on and cured on the factory floor are all part of the long term battle against corrosion

MCINTOSH

might think vehicle's paint is all about it looking good, but it's just half the story.

That paint job actually involves a multi-stage process that's as much about protecting the metal from corrosion as it is about appearance.

The first step starts before the car is even built. The steel comes in as a coil with a zinc layer that's applied at the mill," says Tim Weingartz, paint materials and strategy manager for Ford Motor Company.

'The zinc is the first layer for corrosion protection."

The steel is made into

vehicle body, which is then dipped into two different tanks, each containing more than 60,000 litres of corrosion-resistant coating materials.

The body is then baked at 180 degrees Celsius to cure the coatings. These, plus that first zinc coating, provide three initial layers of protection against rust.

The first paint step is primer. It protects the top anti-corrosion layer from sunlight, which can make it

"We now have one bake for all three lavers. which lowers the carbon footprint by anywhere from 15 to 25 per cent and the energy saving is very significant."

Tim Weingartz, paint materials and strategy manager for Ford Motor Company
On how the latest painting technology is easier on the environment

go chalky, and it provides a smooth base for the paint.

Since it's a relatively elastic coating, it also absorbs the energy when debris hits it, helping to prevent stone

After that, we put on the layer that everyone thinks of as the paint," Weingartz

"It's typically a base coat which contains the colour and pigment. Over top of that, we apply clear coat. It's a superior barrier and it gives the car that depth of appearance that adds to the esthetics of the vehicle."

Some colour coats contain tiny flakes of aluminum or mica. Known as "metallic" paints, these give the finish an extra glimmer. All of the primer, paint, and clear coat layers together are about as thick as a human hair.

Once the final clear coat layer is applied, the vehicle is baked again to cure the

"We used to bake the

primer separately, then the base coat and clear coat," Weingartz says. "We now have one bake for all three layers, which lowers the CO2 footprint by anywhere from 15 to 25 per cent, and the energy saving is very signifi-cant. The lean process has elevated us environmentally, and it's a cost savings, too.

- Extra \$. Some car colours are extra-charge because some pigments, notably red, are costlier to manufacture. Metal flake can also drive up the paint's price
- Energy sapping. Painting requires a lot of power, and can account for more than half of an auto plant's energy consumption.
- Creative. Auto colour designers work with many influences, including fashion design, to develop new paint shades for vehicles

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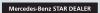
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metr⊕

Billionaire Musk says Supercharge me

Autopilot. Versatile multi-tasker behind Tesla to build risky North America-wide charging network



Tesla is not waiting. You other electric car companies and various government jurisdictions can just keep combing your hair and looking for your wallet and house keys. Tesla is heading out the door. That's the gist of Tesla's announcement last week about its intent to build a continent-wide network of charging stations, all by its lonesome.

Supercharging

The network will utilize the new Tesla "Supercharger," currently in beta testing and scheduled to roll out to customers this sum-The technology will allow the Tesla Model S to be charged at 120 kW,

Elon is CEO and product architect of Tesla Motors. Other things on the billionaire's resume: co-founder of PavPal:cocreator and principle shareholder of SolarCity. the leading provider of solar power systems in the U.S.; chief designer at Spacex which shuttles back cargo to Earth from an international space station

replenishing three hours of driving in about 20 to 30 minutes - just enough time for a double-double and a bodily-function break. You're then free and able to drive off to another city, and another supercharger station, and to repeat that process as many times as you would like. In a statement, Tesla said the Supercharger network will enable Tesla owners "to travel long distances,

for free, indefinitely." Yes, free fuel. But indefinitely? I don't think that can actually work, unless you're one of those teenage

The Network

Currently Tesla already has a network that services California and Nevada on the west coast, and the Washington, DC to Boston region on the east coast. By next month, the number of stations will triple to cover

more regions, including the northwest (Vancouver to Seattle to Portland). Within six months the network will purportedly connect "most of the major metro areas in the U.S. and Canada," including Ottawa to Montreal. Apparently, it will then be possible to travel diagonally across the U.S. from Los Angeles to New York using only the Tesla Supercharger network. And within a year, the network will, according





to the statement, "stretch across the continent, covering almost the entire population of the U.S. and . Canada."

The man behind Tesla

The Tesla charging network is just one more bold move by Elon Musk, the enigmatic co-founder, CEO and Product Architect of Tesla Motors. Other things on the billionaire's resumé: co-founder of PayPal; cocreator and principle shareholder of SolarCity, the leading provider of solar power systems in the U.S.; chief designer at SpaceX,

which does a lot of things in space with rockets, like shuttling cargo back and forth from the International Space Station. Sometimes one strong, determined and capable person taking a calculated risk is the only way big things can get done. Otherwise it's a quagmire of committees, special interest groups and over thinking. But while I admire Elon Musk, I'm not sure I like him. He's making the rest of us look bad. Especially those of us who struggle with decisions. Do I have trouble making decisions? Well, yes and no.



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See today's answers at metronews.ca/answers.

Horoscopes

M Aries

March 21 - April 20

You may prefer to hide than to deal with people who annoy you today. But that would be a shame because the planets indicate you have much to share, and much to gain from expressing your point of view.

Taurus April 21 - May 21

Someone you live or work with will test your willingness to stand up for what you believe over the next 24 hours. They don't know you as well as they should. A Taurus never gives in!

II Gemini May 22 - June 21

You may be big and tough enough to face a worrying situation alone by there is no reason why you should. Call on friends and colleagues to back you up today.

Gancer

June 22 - July 23

A loved one is eager to kiss and make up and, deep down, so are you. Get over your hurt feelings and get back together. And remember: Everyone falls out occasionally.

Ω Leo July 24 - Aug. 23

According to the planets, affairs of the heart need extra attention today, as do friendships that seem to be drifting apart. The upcoming new moon can heal any rift. But first that has to be your desire.

W Virgo Aug. 24 - Sept. 23

Most people respond well to reason but one person is behaving so badly that you may have no choice but to lay down the law. No one plays hardball better than a Virgo.

△ Libra Sept. 24 - Oct. 23

If someone offers you advice today, you would be wise to listen and, if possible, take action. The last thing they want is to see you make a silly and costly mistake — and you don't want to see it either.

M Scorpio

Oct. 24 - Nov. 22

An opportunity to improve your status at work looks tempting but the planets warn it will mean a lot of extra responsibility and you already have too much on your plate.

Sagittarius Nov. 23 - Dec. 21

Your plans for the day should be based on what interests you, not on what other people expect of you. If you let them tell you what to do once, they will do it again and again.

V Capricorn Dec. 22 - Jan. 20

You may be doing well but you are also worried that the more you gain, the more likely it is someone will come along and take it away from you. That's far too negative an attitude and far too materialistic.

Aquarius

Jan. 21 - Feb. 19 Routine tasks will come easy to you today and you will feel immensely pleased with yourself when it's all done. You will also be entitled to take it easy this evening, maybe in the company of a special friend.

H Pisces Feb. 20 - March 20

If you have something to say, you must speak up. According to your solar chart, a frank exchange of views is not just an option but a must. Without it, confusion and bad feelings will continue. SALLY BROMPTON

Crossword: Canada Across and Down

17

20

32

43

55

62

66

48

63

Across

- 1. Fermented honey drink
- 5. Matt of jazz in Canada
- 9. Berry
- 14. "ER" complaint 15. Empire of yore
- 16. Kind of wall[†]hanging
- 17. Restaurant bigwig
- 18. Go to and fro 19. Not that much
- 20. Organism body
- 21. Champagne/orange juice drink
- 23. Madhouse
- 24. Necklace fastener 26. Sports team
- participant 28. Be left-on-the-
- counter-too-long bread: 2 wds.
- 31. Climbing leguminous plant
- 32. Mythology: Rarified fluid
- 33. Poetic contraction 34. Geological periods
- . 37. "Murder, __ Wrote"
- 38. Canadian singer
- of "Sometimes When
- We Touch": 2 wds. 42. Kind of small deer
- 43. Highway honker
- 45. Farm fluff 46. Put out
- 48. 1940s jazz 50. "Working for the
- " by Loverboy 52. Edvard Munch painting, The
- 54. Barry Manilow song
- 55. Romance 56. Dismount the bus
- or train: 2 wds. 58. Thingy like this:
- 62. Melanie Griffith movie, "A Stranger Us" (1992)
- 64. Bit of knowledge 65. Concept

64

67

70

18

45

49

- 66. Orange ___tea 67. Computer com-
- pany 68. "_
- the time!" (Go for it!)
- 69. Place 70. Gave the once over

71. "Anything ___?" **Down**

19

48 47

31

50

33

23

35

34

65

68

- 1. PC alternatives 2. Lingering sound
- 3. "Excuse me...'
- 4. In†reality: 2 wds.
- 5. Gloomy
- 8. Send to the boxing

canvas

- 9. Some volcanic rock 10. Paris landmark, de Triomphe
- 11. Neil Young's back-
- ing band: 2 wds.
- 12. Dugout
- 13. Prominent Ti-
- Jacob __ IV (b.1864

- d.1912)

- 22. Participate in a bee
- 25. Grease
- 27. Superstar
- 28. Hollywood legend Lillian
- 29. Resort in Jamaica,
- Rios
- 30. Quebec locale of
- Bishop's University
- 31. Lucky number,
- ancient Rome style
- 33. Your, Bible-style 35. Adjective's friend
- 36. Sunflower what?
- 39. "Oh, give me where the buffalo..."
- 40. Log Z's
- 41. Wasn't truthful
- 44. Wedding an-
- nouncement word
- 47. Toronto's has the
- CN Tower in it
- 49.Prepped groceries
- at the cash
- 50. Breakfast appli-
- ance, __ iron
- 51. Wrap with a
- covering
- 52. Changes for another
- 53. Space object
- 54. It makes the
- world go round
- 57. Detergent brand
- 59. British rocker Billy 60. Huey Lewis &
- The
- 61. Alleviate 63. "Never." = "
- thousand times." 6. Foolish 7. Rapscallion tanic passenger, John

Yesterday's Crossword

8	w	٠,	N		~ 	"R	0	°p		°c	R	E	'n	"p
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b	1J	1	8	E		72	N	0	- 60		b	¥	N	E

How to play Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

7	5	3	8	4	2	9	6	1
1	2	8	5	9	6	7	4	3
6	4	9	7	1	3	5	8	2
9	1	7	6	5	8	2	3	4
4	3	6	2	7	9	8	1	5
2	B	5	4	3	1	6	7	9
8	7	4	3	2	5	1.	9	6
5	6	1	9	8	4	3	2	7
3	9	2	1	6	7	4	5	8

THE PERFECT FIT

WheatonHonda.com

8			5			9
1	6		2		5	7
	5	6		8	3	
7						1
		5		9		
5						3
	3	7		4	9	
9	2		1		7	8
4			9			6

TODAY

THURSDAY

MAX: 19

FRIDAY







BT BREAKFAST TELEVISION MICHELE MCDOUGALL WEATHER SPECIALIST their toes". **WEEKDAYS 5:30 AM**

MAX: 21° (🚣 MIN: 9° MIN: 10

wants to experience.

Must Ber 18+



2013 Honda Fit LX

9688-34AVE. (AutoRow)

THE ALL NEW REDESIGNED

2013 Honda Civic LX Automatic



OR GET UP TO IN PRICE ADJUSTMENTS¹

ON SELECT MODELS

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FINANCING FOR

FLANTRA I 6-SPEED MANUAL \$1500 PRICE

..500 IN PRICE ADJUSTMENTS¹⁰

ADJUSTMENT^o, DELIVERY & DESTINATION **NO MONEY DOWN**



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2013

ASSIST • DOWNHILL BRAKE CONTROL AND HILLSTART ASSIST • REAR SPOILER • iPOD®/USB/MP3 AUXILIARY INPUT JACKS





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5 YEAR WARRANTY 5-year/100,000 km Comprehensive Limited Warranty** 5-year/100,000 km Powertrain Warranty 5-year/100,000 km Emission Warranty



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